

Native American Feast

Wednesday, 11/18/26 | 11 am - 2 pm

Presentation at 11:30 am | at ADRC

Menu:

- Turkey and Dumplings
- Roasted Squash
- Maple Berry Cornmeal Pudding

The story behind the meal:

Join us in celebrating Native American Heritage Month with a meal inspired by foods and traditions that have been part of Indigenous communities' history for generations. Native American agriculture and foodways have deep roots in the Three Sisters—corn, beans, and squash—which were important crops for many Indigenous nations. Corn provided nourishment, squash added variety and nutrition, and beans offered protein. Indigenous communities also gathered berries, harvested maple sap, and developed cooking traditions that reflected the foods available in their regions. Today's meal features comforting Turkey and Dumplings, Roasted Squash, and Maple Berry Cornmeal Pudding. As we enjoy these flavors, we honor the rich cultures, history, and contributions of Native American communities.

**Registration is required for the donation based senior meal.
Call 920-448-4300 to register! Spots are limited!**

Individuals age 60+ are invited to join us for this meal with a voluntary contribution of \$5. All others are invited to the program and to dine for \$11.50. Participants are welcome to dine any time between 11 am - 2 pm. **Other senior dining options are not available on the day of a Local Heritage Meal.**