



FIESTA DE SABORES

9/16/26 | 11 A.M - 2 P.M | AT ADRC

Presentation at 11:30 a.m by Liliana Villarreal, Spanish Language Program Coordinator, YWCA



Menu



Birria- Braised Beef



Tostada



Elote- Roasted Corn



Bionicos- Fruit Salad



About the Meal

Birria, Jalisco's most treasured dish, is marinated in dried chiles and slow-cooked until tender, traditionally served at weddings and celebrations, topped with cilantro and onion. Arroz and frijoles have anchored the Mexican table for centuries, representing nourishment and home. Elote, roasted corn, honors Mexico's greatest gift to the world. Corn was domesticated there nearly 9,000 years ago and remains central to Mexican identity. Biónicos, fresh fruit bowls topped with crema, granola, and coconut, were created in Guadalajara in the 1990s. Together, this meal shares the flavors and history of Jalisco in honor of Hispanic Heritage Month.

Registration is required for the donation-based senior meal. Call 920-448-4300 to register.

Individuals age 60+ are invited to join us for this meal with a voluntary contribution of \$5. All others are invited to the program and to dine for \$11.50. Participants are welcome to dine any time between 11 am - 2 pm.

Other senior dining options are not available on the day of a Local Heritage Meal.