

# Polish Party

Local Heritage Meal

At ADRC



## Menu:

- Polish Sausage with Kraut
- Mizeria (cucumber salad)
- Ziemniaki po Polsku (fried potatoes)
- Makowiec (poppyseed cake)

**Thursday, April 16, 2026 | 11 am – 2 pm**

**Presentation at 11:30 am**

**Registration is required. Please call 920-448-4300**

## About the meal:

Poland is a country with deep history of royalty, military battles, Holocaust losses but also natural wonders of beautiful forests, rivers, lakes, and communities of deep Polish pride. Polish immigrants started coming to Wisconsin in the middle of the 1850's looking to escape poverty, political oppression, and overpopulation in their homeland. The first larger settlement record was in Polonia, in Central Wisconsin. Wisconsin currently has over 462,000 residents who claim Polish ancestry, making it one of the largest concentrated Polish populations in the United States. When entering a home serving traditional Polish food, you often will find hearty, comforting dishes rich in flavor, often featuring pork, cabbage, potatoes, mushrooms, and variety of soups. Today the Polish culture is kept strong in Wisconsin by the Polish Heritage Alliance, Polish Heritage Society, variety of festivals including in Milwaukee and Pulaski, and by enjoying our favorite treats surrounded by friends and family.

Individuals age 60+ are invited to join us for this meal with a voluntary contribution of \$5. A nutrition registration form will need to be completed prior to meal service. All others are invited to the program and to dine for \$13.39. Participants are welcome to dine any time between 11 am - 2 pm.