



Leprechaun Lunch

Local Heritage Meal

Menu:

- **Corned Beef and Cabbage**
- **Potatoes, Carrots, & Onions**
- **Brown Bread**
- **Guinness Chocolate Cake**

Individuals age 60+ are invited to join us for this meal with a voluntary contribution of \$5. A nutrition registration form will need to be completed prior to meal service. All others are invited to the program and to dine for \$13.39.



March 17, 2026 | 11 am - 2 pm
at ADRC | Registration is required! Call 920-448-4300.

About the Meal:



Presentation at 11:30 am

Irish heritage is deeply rooted in community, resilience, and hospitality. Ireland, often called the Emerald Isle, is known for its green landscapes and strong agricultural traditions, which have shaped Irish life and culture for generations. Gathering around the table has long been an important way for families and neighbors to connect, share stories, and support one another. Traditional Irish food grew from simple, hearty ingredients that were affordable and locally available. Staples like potatoes, root vegetables, oats, dairy, and slow-cooked meats create nourishing meals meant to sustain people through long days and colder seasons. Irish immigrants brought these traditions with them to the United States, influencing local communities through music, labor, faith, and food. Today, Irish heritage is celebrated not only through St. Patrick's Day, but through the shared values of togetherness and connection.