

GROUNDING ON THE GO

MENU | COMES WITH CHIPS OR FRUIT

CAPRESE PANINI- \$13

Chicken or portobello, sun-dried tomato, fresh mozzarella, basil pesto & balsamic glaze.

GRILLED CHEESE- \$8

Cheddar or pepper jack cheese melted to perfection for a warm, gooey classic.

Add ham or turkey for \$2.00.

CHICKEN BACON RANCH WRAP- \$13

Chicken, bacon, cheddar, greens tossed in ranch on a flour tortilla.

AVOCADO WRAP- \$13

Chicken or turkey, avocado, cheddar, sun-dried tomatoes & greens, with southwest aioli or ranch, in a tortilla.

ITALIAN SANDWICH- \$13

Ham, salami, provolone, artichoke hearts, greens, pesto aioli & balsamic glaze.

FARMHOUSE SALAD- \$12

Grilled chicken, roasted chickpeas, sweet potatoes, almonds, raisins, green onions, blue cheese crumbles & parmesan over greens. Your choice of maple balsamic or ranch.

DRINKS

ICED ESPRESSO DRINKS- \$5.00

Add flavor \$1.00 Add extra shot \$0.75

- Latte
- Mocha
- Caramel Macchiato
- Chai Latte

ZINGER LEMONADES-

Regular- \$3.00 Flavored- \$4.00

LOTUS ENERGY REFRESHERS- \$5.00

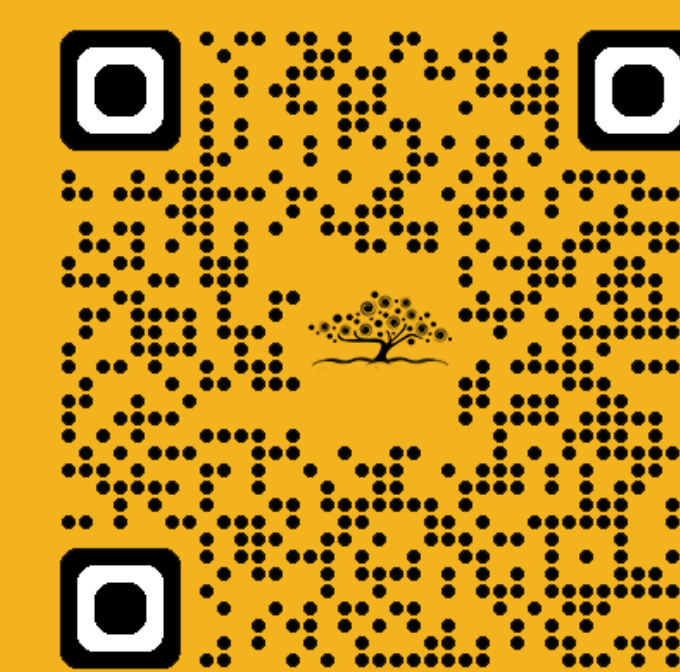
*Options without caffeine available

SODAS & WATER- \$2.00

ALL FLAVORS:

- Vanilla
- Caramel
- Hazelnut
- Blue Raspberry
- Dragon Fruit
- Strawberry Rhubarb

Find our next stop or book us for your event!



SCAN HERE!

GATHERING GROUNDS

Senior meal (for adults 60+) includes your choice of entree with veggies and dip, fruit, and 8 oz milk.

ASK HOW YOU CAN JOIN TODAY!

We are pleased to serve you through the ADRC Nutrition Program and are required to provide you the opportunity to contribute to the cost of this service. The actual cost to provide the meal is \$11.35 per meal. The suggested contribution is \$5.00 per meal. Contributions help offset the cost of meals and are essential to maintaining nutrition services for our community's older adults and are combined with federal, state, and local funds to provide this service. Please contribute what your budget allows. You will not be denied a meal if you are unable to contribute. We are committed to protecting the privacy of your contributions.